

August 21 at 6:00 – Vicki and Mike Simpson, 2210 Marthaville Rd, Many

Monthly Financial Update	
Amount Needed Monthly:	\$ 17,487
Received in July	\$ 10,055
Received in August	\$ 8,283

Year to Date Total	\$116,463

Prayer Concerns

To keep our Prayer List current, we plan to RE-SET it at the beginning of every month. If you know someone who needs to be placed on or remain on the prayer list for another month, please call the church office at 256-3632. In the evenings or on weekends call our Pastor, Rev. Leslie Frietch. She may be reached by cell phone 704-915-9469 or email her at: revlesliefrietch@gmail.com

Church family	The United Methodist Church
Bro. Ray/Nancy Spiller	John Hoagland
Kim King	Bonnie Fox Miles
Jeff LaCaze	Diane & Jim Burleigh
Kevin Craig	Jordan Spiller
Alex Isgitt	Marilyn Downs
Donna & Jim Kolstad	
Heather/ Ted & Carolyn’s daughter	

Birthdays and Anniversaries

If we missed your special day, please let us know.	
Jerry & Karen Lombard	Lacy Chirinos
Diane Voorheis	Zach Mason
Megan Troha	

GIVING

In addition to our offertory, online giving is available through our website fumc-many.com or [scan QR code](#)
You can give to different funds just specify which fund. Checks can be mailed to P. O. Box 1210 Many, LA 71449. Please call church office for additional assistance at 318-256-3632. Thank you.



Where Faith Lives:
Living out Authentic Faith in Everyday Life



Week 5: Faith in Rest
Scripture: Matthew 11:28-30 (CEB)

Focus: Jesus offers rest not as escape, but as a rhythm of grace. Rest is not weakness—it is holy. In Jesus, we find soul-deep peace.

Reflection Questions for the Week?

- 1. What burdens am I carrying that I have not yet given to Jesus?
- 2. Where in my life do I most resist slowing down? Why?
- 3. What would it look like to match my pace to Jesus’ pace this week?
- 4. When have I experienced true rest in Christ before? What made it possible?
- 5. What practical step can I take today to create space for holy rest?

An Exercise in Quiet:

Set aside 5–10 minutes today for complete stillness. Sit in a quiet space, close your eyes, and take slow, deep breaths. With each exhale, imagine placing a burden at Jesus’ feet. Repeat until you feel lighter, and thank Him for carrying your load.

Prayer to Carry with you:

Gentle Savior, I come to You weary and in need of Your rest. Teach me to lay my burdens down and trust You enough to walk at Your pace. Let Your grace become my rhythm and Your peace guard my heart. Renew my soul so I may live fully in You. Amen.



FIRST UNITED METHODIST CHURCH
Many, Louisiana

August 17, 2025

Pastor:	Rev. Leslie Frietch
Minister Emeritus:	Rev. Ray Spiller
Choir Director:	Carole Troha
Accompanist:	Patsy McCormick
Organist:	Gail Thomas